



SCHOOL CLINIC POLICY

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Introduction

The health and safety of students at Ranches Primary and Nursery School is of great importance. The school clinic is well staffed with a part time medical doctor and a full time nurse registered and licensed with the Dubai Health Authority (DHA).

If children are unwell while at School or Nursery, they will be cared for at the clinic until collected by a parent or guardian. The clinic team provides first aid to sick and injured pupils during school hours and during the after school activity time on the school campus. The clinic administers medicines and refers pupils for follow up with medical practitioners or to emergency services if needed. The clinic is well equipped with an automated electric defibrillator, a nebulizer, EpiPen and oxygen apparatus, which all help provide appropriate medical first aid response.

Our aim is that we abide by the guidelines in this policy which is used for the prevention of infection within the School and Nursery.

We endeavour to work in partnership with our parents to meet the aims set out in this policy and the best interest of the child is considered at all times.

The aims of this policy are:

- For parents to be aware of how to notify the school/Nursery if children, who normally attend the School/Nursery, have been unwell and will not be attending on that day.
- For staff to know what to do if they suspect a child is unwell or has an infectious disease.
- To give guidelines for communicable diseases and illnesses within the School/Nursery and the actions to be taken.

How to notify the School/Nursery if children, who normally attend the School/Nursery, have been unwell and will not be attending on that day:

- If your child is unwell and will not be attending School, please contact the School reception - 04442 9765 (ext. 201 for Nursery and ext. 221 for Nursery Clinic)
- If your child has been unwell the previous day or night please inform the teacher when dropping off your child or visit the nurse in the clinic.



- If your child has had any medicine (e.g. Calpol) before coming to school, it is of vital importance that the Teacher/School nurse is informed of the time and dose given. If the Nurse feels the child requires another dose during their day at school. We will recommend that they are taken home.
- If your child has been sent home with a suspected infectious disease (e.g. chicken pox) it is important to update the Teacher and School nurse after any doctor's appointments so that we can monitor the situation within the school.

The following are a few helpful School/Nursery clinic policies which are in line with the Dubai Health Authority School Health Guidelines:

Policy on Administration of Medication

- Prior to admission the parents are required to submit a signed consent form that stating which medicines can be administered from by the clinic staff. The form can be acquired from the school reception. The clinic is well stocked with necessary medicines which will be dispensed to those in need after parents have been contacted. If the parents are not reachable, the school doctor will administer appropriate treatment.
- If a medication has to be given during Nursery/School hours, a doctor's prescription is required with the medicine in original packaging, well labelled with the name and class of the child, the dosage and the timing. The parent/guardian should deliver the medicine to the clinic and sign the consent form available in the clinic.
- Children who have been prescribed a course of **anti-biotic** will not be allowed to attend Nursery/School until 24 hours after commencing the course. This is to allow time for the anti-biotic to take effect and to ensure there is no adverse reaction to the medication. Staff must check the prescription date on the medication when accepting it.
- If your child has a condition such as allergies, asthma, epilepsy or diabetes, please provide labeled emergency medicine (Epi-pen, inhalers, anti-epileptic, Insulin, etc.) to the school clinic.
- Children are not allowed to carry medicines in their bag and should only take medicine in supervision of a school nurse.

Physical Examination

As part of the Dubai Health Authority's regulations the school doctor is required to conduct a non-invasive medical examination that includes screening of vision and hearing and head to foot examination of Pupils.



The results of the examinations are documented in the School Health Record. Any findings requiring additional follow up or referrals will be reported to the parents using the referral form or via email.

Medical Forms

Prior to your child's admission to the Nursery/School you will be required to complete the medical forms available in the clinic. It is important that the Nursery/School is made aware of any medical condition that your child has or if they are receiving any medication.

Please update the clinic of any change in your child's medical/surgical history or any recent allergies discovered /any vaccination taken and of any change in your contact details.

Accidents and Emergency

In case your child requires emergency treatment efforts will be made to contact you. If contact is not possible, the school doctor will administer appropriate emergency treatment and if needed an ambulance will be called to transfer your child to the hospital.

Immunization

Parents are required to submit updated vaccination documents to the clinic for record purposes prior to the start of Nursery/School. The nurse will check the vaccination record and let parents know if any vaccination of your child is due.

Sickness Policy

Fever: Children with a temperature above 37.5 C (99.5F) should be rested at home. A sick child is not able to function effectively in Nursey/School and should rest at home until fully recovered. If a child develops a fever during school hours, parents will be contacted and requested to take the child home. Students may return to school if they are Afebrile for 24 hours without using fever-reducing medications such as Calpol, Panadol, and Advil etc.

No Nuts Policy

Ranches Primary School is a **Nut Free School**.

Nut allergy is the most common food allergy in children. We are aware that some pupils in our school have a nut allergy and is as severe as they go on anaphylactic shock.

Allergic reaction may occur through the ingestion of nuts or foods containing nut traces.

However, a reaction may also occur by physical contact with a person or object that has come into contact with nuts.

To help keep all of our children safe at RPS, it is of vital importance that you do not provide the following foods in your child's lunch box in school / school trips or for any celebrations.



- Any nuts
- Peanut butter
- Nutella
- Chocolates containing nut traces
- Muesli bars
- Nougat
- Biscuits/cookies containing nuts or nut traces

Please check packaging carefully for any traces of nuts also. If still in doubt, exercise caution and do not risk sending the food into school.

Contagious illness

The DHA has clearly documented guidelines for those conditions which require exclusion from the Nursery/School. The conditions commonly seen are: Conjunctivitis, Chicken pox, Gastroenteritis, Hand Foot and Mouth Disease, Measles, Mumps etc. However, the list is not limited to the above mentioned conditions.

If a student develops vomiting and/or diarrhea, he/she should be seen by a doctor and rest at home for the duration of illness or if necessary admitted to the hospital.

Children with conditions that require exclusion from the Nursery/School like chicken pox, measles, mumps, and conjunctivitis should be rested and cared for at home and may only return when they are no longer contagious. The infectivity period for each condition varies. Upon returning a medical certificate from the attending physician must be provided or the child must first be assessed by the school doctor. If the child is still considered to be a possible source of infection, parents will be asked to take them home.

To further reduce the spread of infection please do not send your child to Nursery/School if they have:

- A suspected contagious rash
- Heavy nasal discharge
- Red, sticky eyes
- Persistent cough
- Vomiting and diarrhea (return to school only when symptom free for at least 24 hours)



EXCLUSION FROM NURSERY/SCHOOL (AS PER DHA GUIDELINES)

Disease or condition	Incubation period	Exclusion of cases
Chickenpox	From two to three weeks; usually 13-17 days	Exclude from school until vesicles become dry, or 10 days from appearance of rash.
Conjunctivitis		Until discharge from eyes has ceased.
Giardiasis(Diarrhea)	Usually 1-3weeks longer; or average 7-10 days.	Until diarrhea ceases.
Measles(Rube olla)	Approximately 10 days but varies 7-10 days and may be as long as 14 days until the rash appears.	Until at least 5 days from the appearance of rash, or until receipt of medical certificate of recovery from infection.
Mumps	Usually 12-25 days; commonly 18 days.	Exclusion from school, child care or workplace until nine days after the onset of swelling. Until fully recovered.
Pediculosis (Head lice)		Until appropriate treatment has commenced.
Hepatitis A	Usually 15-50 days; the average 28-30 days.	Exclude from school or work for 1 week after the onset of illness or jaundice. Until receipt of a medical certificate of recovery from infection or on subsidence of infection.



Rubella(German measles)	Usually 16-18 days	Exclude from school for at least 5 days after onset of rash.
Shigellosis (Diarrhea)	From 12 hours-4 days	Until diarrhea ceases
Streptococcal infection including Scarlet fever	Usually 1-3 days	Exclude from schools and children's settings until a medical certificate of recovery from infection has been obtained.
Tuberculosis	From infection to primary lesion or significant tuberculin reaction; about 4-12 weeks	Until receipt of a medical certificate from a health officer of the department that child is not considered to be infectious.
Typhoid fever & Para Typhoid fever	Usually 1-3 weeks(Depending on the infective dose from three days to three months)	Until receipt of a medical certificate of recovery from infection.